

Janice Light's Theory of Communicative Competence (1989, 2007)

Communication Competencies:

Linguistic
Operational
Social
Strategic

Internal Psychosocial Factors:

Motivation
Resilience/Perseverance
Confidence
Attitude

**Successful and
effective
communicator**

Communication Demands:

Social roles
Social closeness
Peer-to-peer contact

External Barriers:

Policy
Practice
Attitude
Skill/Knowledge of facilitators